

Disruptive Physician Coaching Program

Presented by the AJ Novick Group, Inc.

Since 2003, the AJ Novick Group, Inc. has been providing cutting edge anger and stress management training for a variety of populations. In 2008, we developed a program specifically designed for physicians with "disruptive behavior". This training program is consistent with the "New Joint Commission Disruptive Behavior Standard" that became effective Jan. 1, 2009. Our disruptive physician program is also consistent with the Joint Commission standard LD.03.01.01 as well as Sentinel Alert number 40, which specifies the specific issues related to disruptive physician behavior. Our program is a non-psychiatric, skill-based training aimed at teaching doctors how to improve communication, workplace safety, emotional intelligence, stress management and improve impulse control and judgement when confronted with difficult situations. This program is ideal for distressed physicians who have been deemed to have problems with anger management and/or impulsive behaviors. This program is in a 1/1 format coaching format, extremely private and maintains strict confidentiality.

Skills Covered in This Training Include:

- Stress and anger management • Assertive Communication
- Negotiation and Conflict Resolution • Sensitivity Training
- Expectation management of self and others
- Empathy and emotional intelligence, compassion
- Social appropriateness and social awareness
- Forgiveness and letting go • Team Building
- Improving judgment and impulse control under pressure
- Skills in optimism and becoming a more effective "team player"
- Taking time-outs & understanding the benefit of cooling down

Key Benefits:

- Decrease staff turnover and medical errors
- A safer work environment
- Reduction in litigation and lawsuits
- Increase in staff morale
- Improved communication and teamwork
- Improved productivity



Our program is listed with the Federation of State Medical Boards

We offer 2 training options. Pricing/cost structure details at website.

Option 1) Participate in one/one coaching for approximately 8-12 50 minute sessions. This can be completed either in person or via phone or Zoom.

Option 2) Participate in an 8 hour, all day (on-site) intensive one/one coaching session at our Northern California office. The training can be provided Monday through Fridays only and with a minimum of 3 weeks advance notice.

For more information, please visit our website:
www.disruptivephysicianclass.com

or contact us at:
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